The Essential Guide for Grad Students is published in partnership with the School of Graduate Studies, the Gradlife program and the Division of Student Life.

School of Graduate Studies
63 St. George Street
Toronto, Ontario
M5S 2Z9
416-978-6614
graduate.information@utoronto.ca
sgs.utoronto.ca

SGS Student Academic Services hours:
Monday to Friday, 9:30 a.m. – 4:30 p.m.

Gradlife
Student Campus & Community Development
21 Sussex Avenue
Toronto, Ontario
M5S 1J6
416-946-0148
gradlife@utoronto.ca
gradlife.utoronto.ca

facebook.com/GradlifeUofT
Instagram.com/uoftgradlife
twitter.com/UofTGradlife

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Welcome

Welcome — or welcome back — to the School of Graduate Studies at the University of Toronto. This is the first year that we are providing the Essential Guide for Grad Students to both new and continuing students. The Guide not only helps you as you start your graduate studies, but also gives you tools to be successful at all stages of your graduate career.

Your passion for learning and research has brought you to this point in your academic life. At the School of Graduate Studies, we want to make sure you have the opportunity to pursue that passion. I recommend that you keep this guide for your reference throughout the year. You will discover services and resources offered by the School of Graduate Studies and the University that will help you become more involved in graduate life, achieve balance and find academic and personal support when you need it. You will also discover services to build professional skills that will be invaluable to your life after grad school.

I wish you the best in your studies and in your time at U of T. Know that you are always welcome to visit us at 63/65 St. George Street — we are here to support and advise you. Our website is another resource.

We also welcome your feedback. Please let us know if there are other ways that the School of Graduate Studies can support your success, both academically and personally.

Locke Rowe

Dean, Graduate Studies and Vice-Provost, Graduate Research and Education
School of Graduate Studies

As you begin this new phase of your academic life, you’ll soon discover that U of T offers a world of opportunity and a chance for you to pursue many diverse interests.

You are part of an academic community in which you will deepen your learning and be able to conduct research with internationally distinguished faculty. You are also part of a larger community that is deeply embedded in the culture of the Greater Toronto Area.

You and your colleagues will find that U of T is a place where you can follow your passions both within and beyond your classes and research, whether they are cultural pursuits, sports, international opportunities or community service.

Look through this book to discover the many services or programs that can help you make your time at U of T fulfilling, academically, professionally and personally. The staff at SGS and in Student Life are here to provide opportunities and support you throughout your academic career.

Lucy Fromowitz

Assistant Vice-President, Student Life
section 1

registrarial information
registrarial information
important dates 2016-2017

Fall Session 2016

Mon, Jul 18  Registration for fall session begins

Mon, Aug 1  Civic Holiday (U of T closed)

Sept  Fall session health plan opt-out period for domestic students occurs throughout September – visit utgsu.ca/insurance/opting-out for information

Mon, Sept 5  Labour Day (U of T closed)

Mon, Sept 12 Most formal graduate courses and seminars begin this week

Thur, Sept 15 Final date for doctoral research students to submit final doctoral theses to SGS to avoid fee charges for 2016-2017. Doctoral research students who submit by this date do not register or pay fees for the 2016-2017 sessions.

Fri, Sept 16 Registration deadline for students registering in fall session; after this date a late registration fee will be assessed. Minimum required payment due (unpaid fees from previous session(s) + 100% of current fall tuition fee charges).

Fri, Sept 16 Date of the Step Up pre-orientation program for international students helping with preparation for studies at U of T and transition to life in Canada.

Mon, Sept 26 Final date to add full-year and fall session courses

Fri, Sept 30 Remaining fall session (September to December) fees due by this date to avoid incurring service charges

Fri, Sept 30 Final date to submit final doctoral thesis for fall convocation

Fri, Sept 30 Final date for receipt of degree recommendations and submission of any required theses for master’s degrees for fall convocation without fees being charged for the fall session. Master’s students who finish their degree requirements by this date do not register or pay fees for the 2016-2017 sessions. Please consult your graduate unit for their deadlines.

Mon, Oct 10 Thanksgiving Day (U of T closed)

Mon, Oct 31 Final date to drop fall session full or half courses without academic penalty

Nov  Fall convocation information and dates are posted at convocation.utoronto.ca

Tue, Nov 1 Deadline to claim Status in Canada fee exemption for the complete fall and winter session

Wed, Nov 30 Students registered in fall-winter: Remaining winter session (January to April) fees due by this date to avoid incurring service charges, which begin accruing on December 15.

Wed, Dec 21 University closed for winter break from Wednesday, December 21 to Friday, December 30 inclusive (for last day of classes before winter break, please consult your graduate unit)

Winter Session 2017

Jan  Winter session health plan opt-out period for domestic students occurs throughout January – visit utgsu.ca/insurance/opting-out for information

Mon, Jan 2 University re-opens

Mon, Jan 9 Most formal graduate courses and seminars begin this week

Fri, Jan 13 Registration deadline for students registering in winter session; after this date, a late registration fee will be assessed. Minimum Required Payment due (unpaid fees from previous session(s) + 100% of current winter session (January to April) tuition fees)

Fri, Jan 13 Coursework must be completed and grades submitted for fall session courses
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon, Jan 16</td>
<td>Final date for doctoral research students to submit doctoral theses without fee payment for winter session. Doctoral research students who submit by this date do not register or pay fees for the winter 2017 session</td>
</tr>
<tr>
<td>Wed, Jan 18</td>
<td>Fall session grades available for viewing by students on ACORN at acorn.utoronto.ca</td>
</tr>
<tr>
<td>Fri, Jan 20</td>
<td>Final date for receipt of degree recommendations and submission of any required theses for March or June graduation for master’s students without fees being charged for the winter session. Master’s students who finish their degree requirements by this date do not register or pay fees for the winter session. Please consult your graduate units for their deadlines.</td>
</tr>
<tr>
<td>Fri, Jan 20</td>
<td>Final date for all students to request that their degrees be conferred in absentia in March</td>
</tr>
<tr>
<td>Fri, Jan 20</td>
<td>Final date to submit final doctoral thesis for March convocation in absentia</td>
</tr>
<tr>
<td>Fri, Jan 20</td>
<td>Fall dual registrants must be recommended for the master’s degree by this date to maintain their PhD registration</td>
</tr>
<tr>
<td>Mon, Jan 23</td>
<td>Final date to add winter session courses</td>
</tr>
<tr>
<td>Tue, Jan 31</td>
<td>Students registered for winter session only – pay any remaining winter session (January to April) fees to avoid incurring service charges, which begin accruing on February 15</td>
</tr>
<tr>
<td>Wed, Feb 1</td>
<td>Deadline to claim Status in Canada fee exemption for the winter session only</td>
</tr>
<tr>
<td>Mon, Feb 20</td>
<td>Family Day (U of T closed)</td>
</tr>
<tr>
<td>Mon, Feb 27</td>
<td>Final date to drop full-year and winter session courses without academic penalty</td>
</tr>
<tr>
<td>Mar</td>
<td>March Graduation In absentia Information is posted at: convocation.utoronto.ca</td>
</tr>
<tr>
<td>Apr</td>
<td>For last day of winter classes, please consult your graduate unit</td>
</tr>
<tr>
<td>Fri, Apr 14</td>
<td>Good Friday (U of T closed)</td>
</tr>
<tr>
<td>Fri, Apr 21</td>
<td>For students obtaining degrees at June convocation, course work must be completed and grades submitted for full-year and winter session courses</td>
</tr>
<tr>
<td>Fri, Apr 21</td>
<td>Final date for receipt of degree recommendations and submission of any required theses for master’s degrees for June convocation</td>
</tr>
<tr>
<td>Fri, Apr 21</td>
<td>Final date for submission of final doctoral thesis for doctoral research students whose degrees are to be conferred at the June convocation</td>
</tr>
<tr>
<td>Fri, Apr 21</td>
<td>Final date for degree recommendations of winter dual registrants for the master’s degree to maintain their PhD registration</td>
</tr>
</tbody>
</table>

St. George Street looking Northeast from Sidney Smith Hall
### Summer Session 2017

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri, May 5</td>
<td>Registration deadline for students registering in summer (May to August) session; after this date, a late registration fee will be assessed. Minimum Required Payment due (unpaid fees from previous session(s) + 50% of summer session (May to August) tuition fees)</td>
</tr>
<tr>
<td>Mon, May 8</td>
<td>Final date to enrol in May-June or May-August session courses</td>
</tr>
<tr>
<td>Fri, May 12</td>
<td>Course work must be completed and grades submitted for full-year and winter session courses (except for extended courses)</td>
</tr>
<tr>
<td>Wed, May 17</td>
<td>Winter session grades available for viewing by students on ACORN at acorn.utoronto.ca</td>
</tr>
<tr>
<td>Mon, May 22</td>
<td>Victoria Day (U of T closed)</td>
</tr>
<tr>
<td>Fri, May 26</td>
<td>Final date to drop May-June F section courses without academic penalty</td>
</tr>
<tr>
<td>Wed, May 31</td>
<td>Students who started prior to the summer session pay any remaining summer session (May to August) fees by this date to avoid incurring service charges, which begin accruing on June 15</td>
</tr>
<tr>
<td>Jun</td>
<td>June convocation information and dates are posted at: convocation.utoronto.ca</td>
</tr>
<tr>
<td>Mon, Jun 19</td>
<td>Final date to drop May-August session Y section courses without academic penalty</td>
</tr>
<tr>
<td>Fri, Jun 30</td>
<td>Deadline to claim Status in Canada fee exemption for the summer session</td>
</tr>
<tr>
<td>Mon, Jul 3</td>
<td>Final date to enrol in July-August courses</td>
</tr>
<tr>
<td>Fri, Jul 14</td>
<td>Coursework must be completed and grades submitted for May/June F section courses</td>
</tr>
<tr>
<td>Mon, Jul 17</td>
<td>Final date to drop July-August S section courses without academic penalty</td>
</tr>
<tr>
<td>Wed, Jul 19</td>
<td>Grades for May/June F section courses available for viewing by students ACORN at acorn.utoronto.ca</td>
</tr>
</tbody>
</table>

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### School of Graduate Studies

### Student Academic Services

At SGS Student Academic Services we’re committed to providing assistance and information about registration, enrolment, program progress, thesis publication, convocation, financial support and more. We’re here to help!

**Visit us:**
Monday to Friday, 9:30 a.m. to 4:30 p.m.
63 St. George Street (temporarily located at 702/704 Spadina Ave. while 63 St. George Street undergoes renovations)
or contact us at graduateinformation@utoronto.ca

**To find out more about SGS Student Academic Services, visit:**
sgs.utoronto.ca/currentstudents

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School of Graduate Studies, 63 St. George Street
getting started: information for new students

JOINid, TCard, UTORid and UTmail+
The University of Toronto issues a JOINid to applicants, so that they can access key online services before coming to campus. You should have received an email with your JOINid and instructions for enabling it at uoft.me/enable. If you’ve lost the email or didn’t receive it, please contact admissions.sgs@utoronto.ca.

Before arrival, you can use your JOINid and existing email address for residence applications and to access your student account on ACORN (acorn.utoronto.ca). Once you pick up your TCard, your JOINid will become your UTORid, giving you access to further services (online library resources, career centre, etc.). Your TCard gives you access to services on campus. Once you get your TCard and authenticate your UTORid, you’ll be able to access your U of T email, wireless networks and ACORN.

You can get your TCard at the following locations:
St. George campus:
Robarts Library, Room 2054A, 130 St. George St.

Mississauga campus:
CCT Atrium, lower level, Room CC 0160A

Scarborough campus:
University of Toronto Scarborough Library, 1265 Military Trail

Proof of citizenship and your offer of admission letter are required in order to receive a TCard. For detailed information about the documentation required to get your TCard, visit TCard.utoronto.ca.

ACORN
ACORN stands for Accessible Campus Online Resource Network (acorn.utoronto.ca) and is the student web interface where you can enrol in courses, check fees and finances, and perform registration tasks such as updating address and contact information. It provides a convenient, personalized and guided experience for using U of T’s online services.

As a new graduate student, you need to get your TCard (U of T student card) and activate your UTmail+ (U of T email address) to set up your ACORN account. You can then login to ACORN using your UTORid and password.

Clearing conditions
Your SGS offer of admission letter outlines important information about your program. It may also include conditions which must be satisfied before you can register. If you’re unsure about how to clear your conditions, contact your graduate unit.

International students
If you’re an international student and have just arrived on campus, make sure your first stop is at the U of T Centre for International Experience (CIE, cie.utoronto.ca) at 33 St. George Street. Staff and student volunteers at the CIE can help you find temporary and permanent housing, introduce you to fellow students, get you oriented and more. The CIE also offers a number of orientation activities that run from mid-August to mid-September. These include information seminars, workshops, field trips, and cultural events.

Status in Canada fee exemption
If you’re an international student and your legal status in Canada changes, you may be eligible for a “Status in Canada” exemption. Please bring your original documents to SGS Student Academic Services so staff can make the change. If you have questions regarding the kinds of documentation to present, please contact SGS Student Academic Services at graduate.information@utoronto.ca or 416-978-6614.

Changes to legal status must be made by the following deadlines:

<table>
<thead>
<tr>
<th>Deadline</th>
<th>Reassessment Purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>November 1</td>
<td>for reassessment of the complete fall and winter session</td>
</tr>
<tr>
<td>February 1</td>
<td>for reassessment of the winter session only</td>
</tr>
<tr>
<td>June 30</td>
<td>for reassessment of the complete summer session (only applies to students charged tuition fees for the summer session)</td>
</tr>
</tbody>
</table>

If you’re unable to provide the required documentation by these deadlines, you must pay the international tuition rate. A change of status is not retroactive to any previous session.
new and continuing students: enrolment and registration

What’s the difference between enrolment and registration? To enrol, you add yourself to courses. To register, you pay your tuition and incidental fees, or register without payment (fee deferral).

Enrolment
Most graduate units allow you to enrol in courses through ACORN (acorn.utoronto.ca), but some graduate units require you to fill out a form. Consult your home graduate unit for detailed instructions and the SGS sessional dates for course enrolment deadlines: sgs.utoronto.ca/currentstudents/Pages/Sessional-Dates.aspx

Registration
To register on time, pay your tuition and incidental fees or register without payment (fee deferral) by September 16 (if you’re starting in September) or January 13 (if you’re starting in January). Detailed instructions on how to pay tuition fees (including making a fee payment from outside of Canada) are found on the Office of Student Accounts website (fees.utoronto.ca). To find out how much you owe, check your invoice on ACORN. For information about service charges, visit: sgs.utoronto.ca/currentstudents/Pages/Graduate-Fees.aspx

You may request to register without payment (fee deferral) through ACORN if you have no outstanding fees from a previous session and are the recipient of one of the following which exceeds the minimum payment to register amount on your invoice:

- Ontario Student Assistance Plan (OSAP) loan
- Other provincial government loan
- US government loan
- University funding package (major award, research stipend or teaching stipend)

Late registration
If you’re registering late, come to the SGS Student Academic Services office in person and request to register without payment (fee deferral). Late registration fees will be assessed.

If you don’t register by the deadline, your enrolment in courses will be cancelled and further enrolment will be blocked. After September 16 (fall/winter sessions) or January 13 (winter session) you must provide proof of payment and register at the SGS Student Academic Services office. A late registration fee of $44 will be charged.

Balance of degree (BoD) fee
All graduate students must pay a minimum degree fee. This fee is based on the full-time program length for each graduate master’s program and is assessed prior to graduation. The minimum degree fee for PhD and professional doctoral programs is the fee associated with one year (three sessions of full-time studies). The minimum degree fee represents the minimum amount of tuition that every student, whether registered full-time or part-time, must pay upon completion of the program prior to graduation. If, at the end of your program, the total amount of academic fees you paid during the time you were registered is less than the minimum degree fee, you will be required to pay the outstanding balance, known as the Balance of Degree fee. Note that there is no maximum degree fee. Acquaint yourself with your program’s BoD fee as early as possible to avoid any surprises upon graduation. Ask the Student Academic Services office at SGS for more information.
Applying for graduate awards takes careful planning

**funding & awards**

U of T is committed to the financial support of full-time graduate students in doctoral research-stream programs, with the exception of flex-time and professional doctoral programs. Doctoral-stream graduate programs at the University of Toronto offer a range of financial supports to offset the cost of your graduate education. For students receiving funding, the amount and type of support varies among graduate programs.

Base funding is your graduate unit’s funding commitment. Faculties and graduate programs determine your base funding amount and the number of years of eligibility. Base funding includes academic tuition fees plus a stipend and ranges across programs from $15,000 – $28,000 per year for eligible students. The composition of base funding (for example, employment income as teaching or research assistants, research stipends and fellowships) also varies among graduate units. In addition to base funding, all eligible students receive the cost of academic tuition and fees. Most graduate units will send you a detailed breakdown of your funding package at the beginning of each academic year. Check with your graduate unit for full details and consult the “Graduate Funding” page on the SGS website.

Students in professional master’s, flex-time and professional doctoral programs typically self-fund their educational expenses through a variety of programs including student loans, student lines of credit and employment income. You may also be eligible for a limited number of graduate awards available through your graduate unit and various external agencies.

Remember to plan ahead! Acquaint yourself with the awards competition cycle and plan in advance if you want to apply for an award. Planning ahead is also important in order to:

- take advantage of information sessions
- start thinking about reference letters
- figure out how to access online application systems

**for information, visit:**
sgs.utoronto.ca/currentstudents/Pages/Financing-Your-Graduate-Education.aspx

**The Graduate Awards Office**
The Graduate Awards Office (GAO) at SGS provides administrative support for a wide range of scholarship and financial aid programs. For more information, please visit: sgs.utoronto.ca/currentstudents/Pages/Financing-Your-Graduate-Education.aspx

Whether you’re applying for a scholarship or seeking financial support, the GAO can provide advice and assistance. Financial counselling is also available to assist you with managing educational expenses, budgeting and planning. Our staff can provide information and direction on various scholarship and financial aid programs such as student loans, grants and other opportunities. Counselling may be provided in person, via email or by telephone.

**For award information and services, please contact:**

Graduate Awards Office, School of Graduate Studies 63 St. George Street (temporarily located at 702/704 Spadina Ave. while 63 St. George Street undergoes renovations) Telephone: 416-946-0808 Fax: 416-971-2864 graduate.awards@sgs.utoronto.ca
section 2

life on campus
**Finding balance**

Having a successful grad experience means finding a way to balance your studies, social life, health and all the other great things you’ve got on the go. Being a graduate student also comes with stress, but with the right support you can overcome problems, find strength in adversity and get the help you need. If you want to talk to someone about your program, stress, or any kind of health problem, we’re here for you. Discover ways to stay active, learn to relax, stay connected and find help when you need it.

**Stay well**

Your health and well-being are the foundation of your academic and personal success. The team at the Health & Wellness Centre offers a wide range of services – including confidential student-focused health care, nutrition counselling, immunization and more – to support you in being your best. The School of Graduate Studies also offers embedded counselling services to assist you.

See page 43 of the directory for more information.

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**gradlife**

Grad school can seem like an individual challenge, but you’ll find a strong sense of community if you get involved in campus life.

Gradlife provides programs exclusively for grad students to help you build skills, get support, find balance, meet other grad students and navigate life at U of T.

We can connect you to workshops, social events, campus services and helpful resources that will enrich your experience and enhance your academic achievements. Take advantage of the many opportunities and services offered, and ask for help when you need it – you’ll be glad you did!

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**Jennifer**

PhD, Pharmaceutical Sciences

“Every graduate student I’ve spoken to has gone through a difficult period in his or her academic career for any number of reasons. If you ask for help, seemingly overwhelming obstacles or anxieties that interfere with writing or exams can be overcome relatively easily and painlessly. The University of Toronto has a lot of services and people who are available to help when times are tough. I have been meeting semi-regularly with a learning strategist to help with goal-setting. The one-on-one meetings have helped me declutter my calendar, make realistic goals and get back on track.”
**Ask for help early and often**

Some days will be better than others, so remember there’s no wrong time to reach out! There are resources for every situation and every level of stress. The Health & Wellness Centre even has a graduate counselling service with advice tailored to the unique challenges of graduate-level university life, so don’t wait until things have reached a boiling point. Start the conversation now.

**Be safe on campus**

Protect yourself and your community — get informed about campus safety. The Walk Safe program, self-defence workshops and counselling are just some of the services offered by The Campus Police and Community Safety Office. Learn more at safety.utoronto.ca.

**Understand consent**

Consent is the informed agreement to take part in intimate activity and it’s necessary every single time. Learn more about your rights and responsibilities at consent.utoronto.ca.

**Career prep**

Getting ready for a career you love starts now! U of T offers a wide variety of career education and exploration programming, all of which are open to graduate students. We also deliver extensive customized career programming for graduate students and postdoctoral fellows. Learn about diverse careers as you explore your interests, plan your career, build resilience, participate in experiential and peer-to-peer learning, and learn how to authentically represent yourself in the job application process.

**Your family**

If you have family obligations to consider while you study, check out U of T’s wealth of family support resources. From on-campus daycare and family housing to confidential guidance and educational programming, you can find the resources you need to care for your family while reaching your academic goals.

**Academic support & resources**

It’s always a good idea to learn new study habits and build on the skills you’ve already developed throughout your academic career! You’ll find lots of specialized support for graduate students at U of T, including workshops, writing groups and individual consultations with learning strategists, so find what works for you and get started today.

**Matthew**

PhD, Spanish

“The courses and workshops you can take to improve your teaching are very useful – such as the TATP/AUTP programs and the THE500 course. I have also attended English Language and Writing Support workshops and Graduate Professional Skills offerings, which have also been very helpful.”

**See page 52 of the directory for more information.**

**See page 37 of the directory for more information.**

**See page 31 of the directory for more information.**
Get active
No matter how you like to move – from hiking to biking, playing sports, and everything in between – staying active is a wonderful way to lower your stress levels and meet new people. Physical activity helps you focus, too. So take a break from your studies and check out U of T’s athletic facilities, join an intramural team or simply take a walk and breathe deeply. You’ll be glad you did!

See page 39 of the directory for more information.

Get connected
Getting to know the graduate student community helps you meet new people and find your fit on campus. There are spaces on campus for grad students – like Grad House and the Grad Room – and activities and events geared specifically for your community, so get involved to network and have fun!

There are lots of virtual ways to get connected, too. The Gradlife website connects you with specialized workshops, social events, online resources and publications. By having access to services in one place, students, faculty and staff are connected to opportunities offered across all three campuses.

See page 42 of the directory for more information.

Connect with Gradlife on social media to get daily updates about campus events, resources and useful information.

Facebook: UofTGradlife
Twitter: @UofTGradlife
Blog: blogs.studentlife.utoronto.ca/gradlife

Rong
MSc, Biomedical Engineering

“With Grad Escapes, I went on the group trips to the AGO, the ROM, an ice sculpture exhibition and a skating event. By taking part in these events, I got to know the culture here and made some new friends, which had a very positive effect on my graduate life at U of T.”
section 3

tri-campus
directory of
programs &
services
Aboriginal Student Services

First Nations House
563 Spadina Avenue
416-978-8227
fnh.utoronto.ca

Provides culturally relevant services to Aboriginal students, as well as opportunities for all students to engage with Aboriginal communities within U of T and beyond. Resources include academic support, financial assistance, Aboriginal community, and meetings with Elders and traditional teachers.

UTM - Indigenous Centre
Davis Building, Room 2042
905-569-4867
utm.utoronto.ca/student-life/indigenous-centre

Meet with Aboriginal Elder Cat Criger or take part in a Learning Circle, a seminar, or other experiential learning opportunities. The Waawaahte Northern Lights Initiative provides many ways for students to engage with various traditional Aboriginal cultures.

UTSC - Indigenous Outreach Program
utsc.utoronto.ca/studentlife/indigenous-outreach-program

Aboriginal programming, engagement and outreach at UTSC includes traditional teachings by the Indigenous Elder-in-Residence, leadership development workshops and experiences, educational and cultural events, and community outreach to the significant Indigenous population residing in the East Scarborough area.

Aboriginal Student Services
563 Spadina Avenue
416-978-8227
fnh.utoronto.ca

Meet with an Aboriginal learning strategist, get help with academic planning and advocacy for academic issues, or use the resource centre and computer lab.

Academic Success Centre (ASC)
214 College Street
(Koffler Student Services Centre)
416-978-7970
asc.utoronto.ca

Provides a range of supports to help you reach your academic potential. Meet one-on-one with a learning strategist, access online resources, try a drop-in session or workshop. Popular workshops for grad students include Effective Writing, Avoiding Procrastination & Time Management, Exam Preparation & Anxiety and Reading, Note-Taking & Studying. The ASC’s Graduate Writing Group provides support from a group of peers who share your experience and can help keep you accountable.

Libraries
library.utoronto.ca

Access extensive resources and support, including workshops, computers, printing and Wi-Fi, study space, and research guides featuring advice, tools and the best resources for your needs curated by expert librarians. The U of T library system comprises 44 libraries, with a collection including 12 million volumes in 341 languages and has been ranked as one of the top three in North America (after Harvard and Yale).

Office of Research and Innovation
research.utoronto.ca

Find and apply for research funding, understand research ethics, explore entrepreneurship, learn how to commercialize inventions and more.

School of Graduate Studies (SGS)
63 St. George Street
416-978-6614
sgs.utoronto.ca

Your main resource for academic information, including registration and enrolment, managing your program, policies and guidelines, finances, professional development and much more.

Student Web Service (ACORN and ROSI)
rosi.utoronto.ca

ACORN (Accessible Campus Online Resource Network) is U of T’s new student information service, which you will use for course selection, financial account management and to access other services like the Co-Curricular Record and Career Learning Network. It will replace the ROSI (Repository of Online Student Information) system in late 2016. Until then, both ACORN and ROSI will be available.
Charity

MA, Political Science

“The Academic Success Centre’s graduate writing groups provide a sense of solidarity which is essential to overcome or at least get through the struggles and isolation that come with the process of writing. The ASC also provides writing strategies through one-on-one meetings and through group sharing.”

Accessibility

Accessibility Services
455 Spadina Avenue
4th Floor, Suite 400
416-978-8060
accessibility.utoronto.ca

Provides students with a network of resources to succeed both inside and outside the classroom, including academic accommodations. If you have a documented disability, ongoing or temporary, register early with Accessibility Services. Even if you never need any accommodations, you can relax knowing you can access them if necessary. Accommodations may include note-taking services, on-campus transportation or alternative format textbooks.

Library Accessibility
416-978-1957
uoft.me/accessservices

U of T Libraries offer a variety of services to students registered with Accessibility Services, including required readings in alternative formats, the Accessible Content E-Portal and assistance navigating buildings.

UTM - AccessABILITY
Resource Centre
3359 Mississauga Rd. N.
2037 Davis Building
905-569-4699
utm.utoronto.ca/accessability

Resources, services, advice and academic accommodations for students who have a documented learning, physical, sensory or mental health disability, or medical condition.

UTSC - AccessAbility Services
1265 Military Trail,
Room S302 (Science Building)
416-287-7560
utsc.utoronto.ca/ability

Services and academic accommodations for students who have a documented learning, physical, sensory or mental health disability, or medical condition.

Arts & Culture

Art Museum at the University of Toronto
artmuseum.utoronto.ca

Together, the Justina M. Barnicke Gallery at Hart House and the University of Toronto Art Centre at University College form the Art Museum. This interdisciplinary arts hub offers encounters with diverse artistic and cultural perspectives, and is one of the largest gallery spaces for visual art exhibitions and programming in Toronto.

ArtsZone
arts.utoronto.ca

Your one-stop connection to the huge variety of cultural events happening around campus – film, music, theatre, galleries and more.

Faculty of Music
80 Queen’s Park
416-978-3750
music.utoronto.ca

Paid concert events by celebrated musicians run from September to April each year. Recitals by U of T Music students are free.

Hart House
7 Hart House Circle
416-978-2452
harthouse.ca

A place to explore cultural, intellectual and recreational activities, offering a wide array of events, lectures, live music and performances, as well as classes for every interest – from filmmaking and acting to archery and dance.
Through workshops, conversations and one-on-one meetings, the Poet in Community program uses writing to address the interests, passions and needs of students.

U of T Events
events.utoronto.ca

There are interesting events happening on campus all the time. Get out and explore!

U of T Tix
uofttix.ca

U of T’s central box office for ticketed events – everything from theatre productions and sport championship games to craft beer festivals and more.

Career

Career Centre
214 College Street
(Koffler Student Services Centre)
416-978-8000
careers.utoronto.ca

Explore your career options through one-on-one career advising, online resources for the academic work search, workshops, networking opportunities and more. Key services for grad students include the GDS and CLN.

Graduate Professional Skills Program (GPS)
uoft.me/gps

Join to build critical career skills beyond what you gain in your academic work. Take seminars, workshops, and courses to learn about effective communication, planning and time management, entrepreneurship, ethics, teamwork and leadership. Offered by SGS as part of the Graduate Professional Development (GPD) program, which also includes events like SGS Opening Doors (November) and the SGS Summer Institute (June).

Graduate Dossier Service (GDS)
studentlife.utoronto.ca/cc/dossier

A service for U of T doctoral students conducting their academic job search, GDS acts as a depository of confidential letters of reference and can also include transcripts. GDS forwards these documents (upon request) to institutions that are hiring.

Career Learning Network (CLN)
cln.utoronto.ca

An online tool to help connect you with internal and external partners interested in your career success. Join the CLN to view and register for workshops and events; participate in recruitment activities, career exploration and experiential learning programs; access the informational interview database and more.

UTM - Career Centre
3359 Mississauga Rd. N.,
905-828-5451
utm.utoronto.ca/careers

In-person and online resources to give you an edge in developing and managing your career. Find your focus, work with a career counsellor, and explore careers inside and outside academia.

UTSC - Academic Advising & Career Centre
1265 Military Trail, Room AC213
416-287-7561
utsc.utoronto.ca/aacc

Try the assessment tools to find your ideal career path or register for the Jobs for Grads program to access full-time work listings, workshops and campus events with employers.

Equity & Diversity

Anti-Racism and Cultural Diversity Office (ARCMO)
antiracism.utoronto.ca

Provides training and education, policy expertise, events and programs, dialogue facilitation, and other services in support of equity, diversity and inclusivity at the University.

Centre for Women and Trans People
womenscentre.sa.utoronto.ca

This safe drop-in space for all women and trans people on campus provides free support, referrals, resources and advocacy through workshops, events, services and programming.

Tingting
PhD, Environmental Science

“Through the Teaching Assistants’ Training Program and Graduate Professional Skills Program, I improved my competencies in communication, personal effectiveness and problem solving. As the president of Graduate Students’ Association at Scarborough (GSAS), I developed my leadership and project management skills. It can be challenging to fulfill all of my roles at the same time, but I can do it with the support of my supervisor, my colleagues and most importantly, team spirit.”
Sexual and Gender Diversity Office (SGDO)
sgado.utoronto.ca
The SGDO offers a wide variety of programs and supports for students, including the annual Lead with Pride conference, Queer Orientation and the LGBTQ International Student Group. Join the LGBTQ-Grads listserv to be in touch with other graduate students and keep informed of events, programs and more. The UTGSU Queer Caucus, a political and social caucus, holds events throughout the year.

UTM - Equity and Diversity Office
William Davis Building
Room 3205B
905-569-4916
utm.utoronto.ca/equity-diversity

UTSC - Equity and Diversity Office
1265 Military Trail, Bladen Wing,
Room BV536
416-208-2241
utsc.utoronto.ca/edo

Faith & Spirituality
Campus Chaplains Association
uoft.me/campuschaplains
Connect with spiritual advisors of many faiths and denominations.

Multi-Faith Centre for Spiritual Study and Practice
569 Spadina Avenue
(Koffler House)
416-946-3120
multifaith.utoronto.ca
The Multi-Faith Centre supports the spiritual well-being of students, staff and faculty through interfaith dialogue and other activities that help to increase our understanding of and respect for religious beliefs and practices.

Multi-faith Spaces Around Campus
uoft.me/multifaithspaces
Looking for a place on campus to practice your faith? The St. George campus offers several multi-purpose spaces suitable for prayer, meditation and other spiritual practices.

Religious Accommodations
uoft.me/religiousaccommodation
Accommodations may be available for students who celebrate religious holidays other than those formally recognized by the University through regular scheduling or statutory holidays.

UTM - Multi-faith Spaces
uoft.me/multifaithspaceUTM
Student organizations recognized through ULife can book space at UTM for prayer and other religious purposes.

UTSC - Scarborough Campus Students Union (SCSU)
Multi-Faith Prayer Room
scsu.ca/services/student-services/multifaith-prayer-room
The SCSU holds two multi-faith prayer rooms that are reserved for religious purposes. Please check the website for booking information.

UTSC – Multi-Faith Engagement
utsc.utoronto.ca/studentlife/multi-faith-engagement
Meet with a UTSC campus chaplain, or take part in events and workshops throughout the year. Accommodations may be available for religious observances.

Family
Child & Youth Athletic Programs
uoft.me/kidsprograms
Recreational athletic programs for kids, including Camp U of T and Junior Blues, offered by U of T’s Faculty of Kinesiology and Physical Education.

Family Care Office
214 College Street
(Koffler Student Services Centre)
416-978-0951
familycare.utoronto.ca
Find on- and off-campus child care services, and access confidential guidance, resources, referrals, educational programming and advocacy on family-related issues.

SGS Leave of Absence Policy
For Parental Leave
uoft.me/1Wg
New parents may apply to their Graduate Coordinator to take a leave of absence of one to three sessions. Please see the website for details.
Student Family Housing
30 & 35 Charles St. W.
studentfamilyhousing.utoronto.ca

A family-oriented residence reserved for U of T students with partners and/or children, located near Yonge and Bloor.

UTM – Childcare Resources
utm.utoronto.ca/childcare

A variety of child care information and support is available to UTM students, staff and faculty. U of T Early Learning Centre fees apply. Sign up for the waiting list by downloading and filling out the application form – see website for details.

UTM - Student Housing & Residence Life
3359 Mississauga Road, Oscar Peterson Hall, Suite 120
905-828-5286
uoft.me/utmhousing

Family housing at UTM features three- or four-bedroom townhouses with access to Wi-Fi, laundry facilities and close proximity to all the facilities and services on campus. Check online for application processes and important dates.

UTSC - N’sheemaehn Child Care Centre
1255 Military Trail
416-287-7624
childcare.utsc.utoronto.ca

A warm and positive environment that provides programs for children from infants and toddlers to preschool and kindergarten.

Fitness & Sports

Hart House
7 Hart House Circle
416-978-2452
harthouse.ca/fitness

Open 365 days a year, the Hart House Fitness Centre features an art deco pool, squash courts, multi-level fitness facilities, suspended indoor track and a variety of spaces for everything from basketball to archery. Membership is automatic during semesters when you are registered and have paid Hart House incidental fees; summer memberships may be purchased for an additional fee.

Intramural Team Sports
uoftintramurals.ca

Offers different levels of competition in many sports through leagues, tournaments and special events. Participate in a faculty or college team, or form/join open teams. Check online for available sports, detailed registration procedures and deadlines.

KPE Athletic Facilities
physical.utoronto.ca/FacilitiesAndMemberships

The athletic facilities operated by U of T's Faculty of Kinesiology and Physical Education (KPE) are open to students for a wide range of recreational fitness and sport activities. Membership is covered by incidental fees during terms in which you are registered and taking courses. Students who are not registered through the summer may purchase a summer membership to use the facilities.

Athletic Centre
55 Harbord Street

With seven gyms, three pools (including the only Olympic-sized pool in downtown Toronto), a strength and conditioning centre, indoor track, dance studio, cardio machines, tennis and squash courts and steam rooms, there’s something for everybody!

Varsity Centre
299 Bloor Street West

Includes a 5,000-seat stadium, 400m eight-lane track, artificial turf field, and 4,000-seat arena. Home to international, intercollegiate and intramural competitions throughout the year, Varsity Centre also hosts recreational and instructional classes, children’s programs and high-performance athlete training. During the winter months, try drop-in golf and other recreational activities under the dome.

Ivan
PhD, Rehabilitation Sciences

“As a graduate student, a father, a person with a learning disability and a music enthusiast, I benefited from supplementary programs to succeed in my PhD. I consulted Accessibility Services for support with my learning needs and the Family Care Office (FCO) for peer support and childcare advice. I also nurtured my love for music through performances at Hart House’s U of T Idol.”
Goldring Centre for High Performance Sport
100 Devonshire Place

New, beautifully designed sport and exercise facility housing a 2,000-seat, internationally-rated field house for basketball, volleyball and other court sports, a state-of-the-art strength and conditioning centre, fitness studio, and more. Open to all students, not only high-performance athletes!

Back Campus Fields
East of St. George/
South of Hoskin/
West of Tower Road/
North of University College

Outdoor synthetic turf fields, perfect for recreational field hockey, soccer, Ultimate, lacrosse and other field sports (during non-programmed activity times).

KPE Fitness & Recreation Programs
physical.utoronto.ca

Drop-in programs like fitness classes, weight training tutorials, diving and skating are free of charge. Check online for the current schedule – no registration required.

Registered Fitness Programs in aquatics, fitness, certifications, sport, martial arts, personal training and nutritional consultation are available for an additional fee and help you build skills progressively each week.

University of Toronto Graduate Students’ Union (UTGSU) Gym
16 Bancroft Avenue
utgsu.ca/gym

Open only to grad students, the UTGSU gym is mainly for court sports (no exercise equipment). Please check the website for availability and booking information or join the volleyball league in September!

Varsity Blues
varsityblues.ca

U of T boasts a highly competitive intercollegiate athletics program, with 43 Varsity Blues teams across 25 sports. Varsity Blues games are free to all students with your TCard. Check the website for schedules and more. We all #BLEEDBLUE! If you’re an athlete interested in trying out, see the “Recruits” section of the website for details.

UTM - Recreation, Athletic and Wellness Centre (RAWC)
1825 Outer Circle
905-828-3714
utm.utoronto.ca/athletics

Sport and fitness activities at UTM are based in the Recreation, Athletic and Wellness Centre (RAWC) in the Williams G. Davis Building.

UTSC - Toronto Pan Am Sports Centre (TPASC)
875 Morningside Avenue
416-283-3211
uoft.me/utscathletics

Athletics and recreation at UTSC are based in the new TPASC facility. Programs include drop-in and registered fitness classes for all skill levels, aquatics, a climbing wall, outdoor recreation and a tennis club.

Food

Food Services
214 College Street
(Koffler Student Services Centre)
ueat.utoronto.ca

There are more than 40 places to eat on campus. Food Services can help with everything food-related at U of T, including meal plans, special events, recipes and tips and more.

Note: Food Services will be moving in 2016 to 229 College Street, 2nd Floor.

Hart House 5-buck lunch
harthouse.ca/5-buck-lunch

Selected Wednesdays from September to March, drop by Hart House for a fun and affordable five-dollar lunch. See website for dates.

Harvest Noon
16 Bancroft Avenue
(UTGSU Building)
harvestnoon.com

Housed in the Graduate Student Union building, this autonomous, largely volunteer-run café offers affordable, locally-sourced, fair trade, organic vegan and vegetarian food.

U of T Food Map
map.utoronto.ca

To find all of your food options on campus, check out the food layer on map.utoronto.ca.

UTM - DineOnCampus
Davis Building, Room 3127
905-569-4795
utm.utoronto.ca/hospitality

Detailed info about food options on campus, including locations and menus, catering, sustainability and wellness.

UTM - Hospitality & Retail Services
1867 Inner Circle (Davis Building), Room 3127
905-569-4795
utm.utoronto.ca/hospitality

Provides student meal plans for convenient dining on campus, as well as food and beverage services for conferences and events.
 UTSC - Food & Beverage Services
 uoft.me/utscfoodbeverages

The website includes a handy guide to food options at UTSC, as well as info on catering and beverage services for events and conferences.

UTSC – Meal Plans
416-208-2233
 uoft.me/utscmealplans

For convenient dining on campus, try a meal plan. Pay using your TCard.

Funding

Aboriginal Student Services – Financial Aid Advising
563 Spadina Avenue
fnh.utoronto.ca

Learn about and access a wide variety of scholarships and grants for Aboriginal students. Contact them for financial aid advising or read online about the many financial aid opportunities.

Graduate Awards Office (GAO)
63 St. George St.
416-946-0808
 uoft.me/gradfunding

Find administrative support for a wide range of scholarships and financial aid programs. For information about funding packages, consult the “Graduate Funding” page on the SGS website.

Graduate Student Community

Grad Escapes
 uoft.me/gradescapes

Thesis avoidance with style. Relax, have fun and meet other students while enjoying social, cultural and recreational events. Art classes, theatre, sporting events, historic tours and more – there’s something for everyone.

Grad Room
66 Harbord Street
 uoft.me/gradroom

Your exclusive graduate student lounge and event space, furnished with a Second Cup coffee kiosk, Wi-Fi, a comfortable workspace and patio seating.

Ulife
 ulife.utoronto.ca

Pursue your interests and connect with other like-minded students – join a club! Ulife is a website listing a large and diverse directory of student clubs, associations, organizations, activities and opportunities on all three campuses.

University of Toronto Graduate Students’ Union (UTGSU)
 utsu.ca

Your graduate student union hosts events throughout the year and operates the UTGSU Pub, Harvest Noon café and a grad-only volleyball league.

UTGSU Pub
16 Bancroft Avenue
 utsu.ca/pubcafe

Beer, pizza, and a patio – one of T’s best-kept secrets. Perfect for relaxing or casual meetings. Open Monday to Friday.

UTM’s Association of Graduate Students (UTMAGS)
 utmags.sa.utoronto.ca

Organizes social events such as food nights, pub crawls and sports tournaments (and also represents UTM grad students on councils and committees!) Membership is open to grad students who complete a campus affiliation form.

UTM - Grad Lounge
3359 Mississauga Rd. N., Davis Building, Room 2068B
 uoft.me/utmgradlounge

A place for grad students to socialize and/or study. Access the lounge any time with your TCard. Managed by UTMAGS.

UTSC - Graduate Students’ Association at Scarborough (GSAS)
gsasutsc.weebly.com/

Join GSAS for social events, seminars, professional development and more. This student-run, non-profit organization brings together graduate students from all academic departments at UTSC. Membership is open to grad students who complete a campus affiliation form.

UTSC - Food & Beverage Services
 uoft.me/utscfoodbeverages

The website includes a handy guide to food options at UTSC, as well as info on catering and beverage services for events and conferences.

UTSC – Meal Plans
416-208-2233
 uoft.me/utscmealplans

For convenient dining on campus, try a meal plan. Pay using your TCard.

Health & Wellness

Conflict Resolution Centre (CRC) for Graduate Students
416-978-8920
 gradcrc.utoronto.ca

Confidential, knowledgeable advice from trained Grad-to-Grad (G2G) peer advisors to help you navigate and resolve conflicts arising in the course of your studies. G2Gs do not intervene or advocate – they listen and help you understand your options and available resources. Drop-in hours and one-on-one appointments are available, as well as training and events. No matter is too small to discuss! Visit the website for details.

Dental Care
 uoft.me/dentalclinic

Dental services performed by supervised dentistry students at a reduced rate. Services include paediatric, emergency and general dentistry, and orthodontics.

Graduate Counselling Services at SGS
65 St. George Street, Room 307
 uoft.me/GradCounselling
 uoft.me/WellnessClinic

The Wellness Counsellor offers brief counselling services and workshops tailored to the challenges presented by graduate-level university life. The focus of counselling is on strengths, resiliency and skills-building. Offered in partnership with the Health & Wellness Centre.
Grad Minds
gradminds.ca
Grad Minds is part of the U of T Graduate Students’ Union (UTGSU) and provides mental health-related resources and services to students, advocates for graduate students’ mental health, and creates partnerships in the community. Offerings include events (arts events, film screenings, talks), the annual Open Minds conference, free yoga and monthly Mental Health Wednesdays at the Grad Room.

Healthy Grad Crew
uoft.me/healthygradcrew
A student-led team providing health education by graduate students for graduate students. Areas of focus include mental health, relationships with supervisors, school-to-work transition and balanced living.

Health & Wellness Centre
214 College Street,
2nd Floor
416-978-8030
healthandwellness.utoronto.ca
Confidential, student-centred health care services available to all full- and part-time students who possess a valid TCard and have provincial health insurance coverage (e.g. OHIP) or UHIP (see below).

General health services include: health check-ups, prescriptions, allergy shots, immunizations, birth control, documentation of illness for exam deferral, specialist referrals, etc.

Mental health services include: individual psychotherapy/counselling, group therapy, assault counselling, pharmacotherapy, etc.

Mental Health Framework
mentalhealth.utoronto.ca
U of T’s commitment to student mental wellness includes everyone. From student leaders to faculty and staff, we all have roles to play in ensuring student mental wellness. Explore the 22 recommendations across five key areas to discover how you fit in.

Mindful Moments
uoft.me/mindfulmoments
Maintaining a moment-by-moment awareness of thoughts, feelings, bodily sensations and environment through mindfulness can help you increase your relaxation and resiliency. Drop-in sessions on campus run from September to March.

Madison
MSW, Gerontology, Factor-Inwentash Faculty of Social Work
“I thought that as a social worker, I should have enough insight to have all of my personal issues figured out. What I realized is how those in helping professions often need the most support to function at their best. I completed all four CBT (Cognitive Behavioural Therapy) workshop classes at the Health and Wellness Centre. I also attended a few one-on-one counselling sessions for graduate students. I am happy to say that I am better at managing my anxiety now. I can take risks that allow me to learn more. I feel more confident in myself and in my identity as a social worker. I definitely encourage others to attend workshops or therapy to assist with reducing the stress and anxiety that comes along with being a student.”

Michael
PhD, Institute of Medical Science, Faculty of Medicine
Grad-to-Grad (G2G) Peer Advisor
“I worked as a G2G peer advisor with the Graduate Conflict Resolution Centre, a novel service that allows graduate students to express their thoughts about any conflicts or issues that arise during their studies and get informal advice and referrals to appropriate resources. The centre provides a great opportunity to talk with a fellow graduate student who genuinely cares while knowing with full confidence that what is being discussed remains confidential. The 40 hours of training I received as a G2G peer advisor has also enabled me to resolve conflicts in my own graduate studies and personal life.”
Teaching Assistants’ Health Insurance
180 Bloor Street West, Suite 803
(CUPE downtown office)
416-593-7057

cupe3902.org

Teaching Assistants have additional coverage through CUPE 3902. For more information, please contact the union directly.

UHIP (University Health Insurance Program)
uof.me/uhip

A mandatory health insurance plan for all international and exchange students enrolled in an Ontario university, UHIP helps to cover the cost of hospital and medical services you may need while in Canada. Enrolment is automatic; the coverage charge will be listed on your student account on ACORN/ROSI. The Centre for International Experience offers online resources to help you set up and manage your UHIP.

University of Toronto Graduate Students’ Union (UTGSU) Health and Dental Insurance Plans
utgsu.ca/insurance

Supplementary plans that provide many important services and cover expenses such as prescription drugs, health practitioners, medical equipment, travel and health coverage, which are not covered by a basic health-care plan (i.e. OHIP) or the equivalent (such as UHIP for international students).

UTM - Health & Counselling Centre (HCC)
3359 Mississauga Rd North, South Building, Room 1123A
905-828-5255
utm.utoronto.ca/health

Access a wide range of medical and counselling services provided by student-friendly physicians.

UTSC - Health & Wellness Centre
1265 Military Trail, Room SL-270
416-287-7065
utsc.utoronto.ca/hwc

Medical, nursing, counselling, health promotion and education services are available for any UTSC student with a current student card and a valid health card.

Housing
Graduate House
60 Harbord Street
416-946-8881
gradhouse.utoronto.ca

The only residence at U of T reserved exclusively for graduate and second-entry professional faculty students. Provides accommodation for single students sharing same-gender, three- and four-person furnished suites. Please see the website for eligibility requirements and application information.

Housing Services
214 College Street
(Koffler Student Services Centre)
housing.utoronto.ca

If you need to find housing, the staff at Housing Services can help. Use your UTO Rid to log in to the off-campus housing finder for more than 10,000 listings near U of T campuses with pre-approved landlords looking for student tenants. If you need a roommate, check out the Roommate Finder to meet other students looking for shared housing. You can also access the new buy-and-sell board.

Off-Campus Housing
offcampushousing.utoronto.ca

The new University of Toronto Off-Campus Housing website allows you to access housing near all three campuses. Save and compare favourite listings, view your search history and more.

Student Family Housing
30 & 35 Charles St. W.
studentfamilyhousing.utoronto.ca

A family-oriented residence reserved for U of T students in a full-time degree program with partners and/or children, located near Yonge and Bloor.

UTM - Student Housing & Residence Life
3375 Residence Road
(Oscar Peterson Hall), Suite 120
905-828-5286
uof.me/utmhousing

Bachelor apartments for grad students feature Wi-Fi, laundry facilities and close proximity to all the facilities and services on campus. Check online for eligibility and application information, and important dates.

UTSC - Student Housing & Residence Life
1265 Military Trail
416-287-7365
uof.me/utschousing

Grad students are welcome to apply to live in residence at UTSC. You can also connect to the University of Toronto off-campus housing listings website, and get advice and support at the Student Housing & Residence Life office.

International Experience
Safety Abroad Office
uof.me/SAO

Helps to minimize risk for students travelling abroad, providing workshops and other services to give you peace of mind when you’re away from home. Registration is mandatory for students travelling for academic purposes.
Study Abroad
cie.utoronto.ca

Interested in broadening your horizons? Depending on your academic program, you may be eligible to take a semester or a year abroad for research or course work.

- For a university-wide overview of your options, see uoft.me/internationalopportunities.
- Use the CIE International Opportunities online database at uoft.me/gointernational to search for specific opportunities to study abroad.

International Students

Centre for International Experience (CIE)
33 St. George Street
(Cumberland House)
cie.utoronto.ca

Located in the historic Cumberland House, CIE is the campus hub for international students and domestic students seeking international experience. Access a wide range of helpful services, including transition advisors, learning and language support, workshops on immigration, permanent residency, income taxes and other information about living in Canada. CIE also hosts fun activities throughout the year and manages the inbound and outbound student exchange programs.

International Transition Advisor for Grad Students
416-708-1208
uoft.me/transitionadvising
yaseen.ali@utoronto.ca

For help adjusting to life in Canada, meet with a transition advisor specifically for grad students at one of the following locations:
- School of Graduate Studies, 65 St. George Street, Room 307
- Graduate House, 60 Harbord Street
- Grad Room, 66 Harbord Street

Please check the website or contact Yaseen Ali for available times.

iConnect Mentorship Program
uoft.me/iconnect

A mentorship program that matches students from different countries, providing opportunities to reflect on cultural identity and strengthen intercultural skills. International students starting at U of T in September 2016 are invited to apply to be matched with a mentor.

Wenyangzi
MEd, Language and Literacy Education program, OISE

“The Transition Advisors at CIE provide an amazing service for students to discuss some of the problems faced as both a new grad and newcomer to Canada, especially how to adjust to life in Canada and how to deal with the overwhelming information. My transition advisor always provided me with helpful resources and suggestions to solve my problems.”

International Students’ Caucus
utgsu.ca/committees-caucuses/international-students-caucus

Coordinates efforts around international graduate students’ interests and concerns. Volunteer leadership and involvement opportunities are available annually.

UHIP (University Health Insurance Program)
uoft.me/uhip
uhip.ca

A mandatory health insurance plan for all international and exchange students enrolled in an Ontario university, UHIP helps to cover the cost of hospital and medical services you may need while in Canada. Enrolment is automatic; the coverage charge will be listed on your student account on ACORN/ROSI. The Centre for International Experience offers online resources to help you set up and manage your UHIP.

UTM - International Education Centre (IEC)
1867 Inner Circle
(Davis Building), Room 2071
905-569-4716
utm.utoronto.ca/international

Need assistance with your study permit, permanent residency, working in Canada or almost anything else related to living in Canada? The IEC can help. See the website for a full list of services and programs.
Language Support

CIE Language Exchange
cie.utoronto.ca
Open to all U of T students with an interest in learning a new language, this program connects students who want to learn a new language and share their own in a casual setting. Register in September for fall 2016.

English Communications Program at the CIE
uoft.me/Englishcommunication
A non-credit program that gives you the opportunity to develop your communication skills in English, gain insight into Canadian culture and life at U of T, and share cultural experiences.

English Language Program at the School of Continuing Studies
english.learn.utoronto.ca
In-depth academic courses in English offered by the University of Toronto’s School of Continuing Studies.

English Language & Writing Support (ELWS)
uoft.me/ELWS
Provides graduate students with advanced training in academic writing and speaking, which can help you prepare to write proposals, present at conference paper and publish your work. A program of the School of Graduate Studies (SGS).

Legal Support, Academic Advocacy & Conflict Resolution

Conflict Resolution Centre (CRC) for Graduate Students
416-978-8920
g radcrc.utoronto.ca
Confidential, knowledgeable advice from trained Grad-to-Grad (G2G) peer advisors to help you navigate and resolve conflicts arising in the course of your studies. G2G do not intervene or advocate – they listen and help you understand your options and available resources. Drop-in hours and one-on-one appointments are available, as well as training and events. No matter is too small to discuss! Visit the website for details.

Daniel
MSc, Computer Science
“ELWS provided me with the tools to write with a clear structure and purpose. I learned more about writing in a couple of short courses than in my whole undergraduate program.”

Senjuti
PhD candidate, Davidson and Maxwell Labs, Department of Molecular Genetics
“I took the Community Engaged Learning Seminar for Doctoral Students. I absolutely loved it! It gave me a stage to meet people with very similar core interests, but diverse backgrounds. It confirmed my belief that we are all under the same umbrella and we all need to communicate and assist each other if we want to make a difference.”
Downtown Legal Services  
655 Spadina Avenue  
416 934-4535  
downtownlegalservices.ca

A community legal clinic operated by the Faculty of Law at the University of Toronto. Free legal services are provided by law students working under the close supervision of expert staff lawyers.

University of Toronto Ombudsperson  
uoft.me/Ombudsperson

The Ombudsperson considers complaints in an impartial fashion, assisting in achieving procedural fairness and reasonable outcomes. Confidential unless you approve otherwise.

UTGSU Academic Advocacy  
utgsu.ca/services/academic-advocacy

Confidential academic advocacy services. If you are experiencing academic and/or administrative difficulties, UTGSU can assist you with advice, information and representation.

Personal and Professional Development

Centre for Community Partnerships (CCP)  
ccp.utoronto.ca

Gain experience through community-engaged learning – an organized service activity that balances community needs with educational benefits. The annual Community-Engaged Learning Seminar for Doctoral Students runs from September to April each year; registration is limited and usually happens in June. Other opportunities of interest to grad students range from single-day events and activities to long-term involvement. Community Action Projects (4-10 months) include tutoring, mentoring and elder companionship, and can be added to your Co-Curricular Record upon completion.

Co-Curricular Record (CCR)  
cr.utoronto.ca

A database of opportunities at U of T that helps you get involved beyond the classroom and have your experiences recognized on an official document. Build your skills, grow your network, improve your career prospects and enhance your academic record.

Graduate Professional Skills (GPS) Program  
uoft.me/gps

Prepare for your future with GPS! Build critical career skills beyond what you gain in your academic work. Take seminars, workshops, and courses to learn about effective communication, planning and time management, entrepreneurship, ethical practices, teamwork and leadership. Successful completion will be recognized by a transcript notation.

GPS is part of Graduate Professional Development, which also includes events, student associations and more. See uoft.me/gpd for details.

3MT® – Three Minute Thesis Competition  
uoft.me/3MT

Challenge yourself with this university-wide competition for doctoral students. Participants have three minutes or less to present their research to a panel of non-specialist judges, showcasing their innovative and significant research to a wider audience, across disciplines within the University and to the broader public.

Places & Spaces

City of Toronto  
toronto.ca

Official site of the City of Toronto. Includes information on attractions, facilities, transportation, events and emergency services.

toronto.com

Concerts, festivals, movies, restaurants, free events and much more – your official guide to things to do in Toronto.

211toronto.ca

A comprehensive guide to City of Toronto services.

Grad Room  
66 Harbord Street  
uoft.me/gradroom

Your exclusive graduate student lounge and event space, furnished with a Second Cup coffee kiosk, Wi-Fi, a comfortable workspace and patio seating.
Green Space at U of T
Toronto is actually green for half the year – enjoy it while you can! Use map.utoronto.ca to find green spaces on campus, like Queen’s Park and Philosopher’s Walk. If you want to get off campus, check out toronto.ca/parks and start exploring.

Libraries
library.utoronto.ca

U of T’s libraries offer a variety of drop-in and bookable study spaces for individuals and groups. Robarts Library (130 St. George) offers plenty of study space. The Gerstein Science Information Centre (7 & 9 King’s College Circle) features quiet study areas, group study rooms and a presentation practice room. Both Robarts and Gerstein also offer private carrels; see uoft.me/carrels for info in how to reserve one.

Sidney Smith Hall
100 St. George

Includes a Second Cup coffee kiosk, a large study and lounge area perfect for relaxing, eating or studying.

U of T Map
map.utoronto.ca

Detailed, interactive maps of all three campuses. Download the app on Android or iOS for navigation on the go! Printable versions also available.

UTM Library
1675 Outer Circle
(Hazel McCallion Academic Learning Centre)
905-828-5236
library.utm.utoronto.ca

Access U of T libraries’ outstanding collection, as well as study spaces, computers and wireless internet, and a wide range of services for scholars.

UTSC Library
1265 Military Trail
416-287-7500
utsc.library.utoronto.ca

Access the library collection, book a study room and discover many other resources – you can even use the new MakerBot 3D printer.

Relax

Just a friendly reminder that relaxing and having fun once in a while are essential to your well-being. Take some time out from your busy schedule to unwind and let go of your stress – it will benefit your academic performance, too. If you’ve already forgotten how to relax, check out the arts & culture, fitness & sports and social life sections of this directory.

Safety

Campus Police
21 Sussex Avenue
campuspolice.utoronto.ca

For urgent matters, call 416-978-2222. For emergencies, call 911.

Services include the WalkSmart program (see p. 56), building patrols, community policing and emergency response.

Community Safety Office
416-978-1485
communitysafety.utoronto.ca

Provides confidential assistance to students, staff and faculty members who have personal safety concerns. Free self-defence training for women is also available – see website for details.

Emergency Phones
uoft.me/emergencyphones

There are 120 emergency call stations around the St. George campus that connect you directly to the Campus Community Police dispatch centre. You can also make free emergency calls from Bell pay phones on campus. Check online for a map of phone locations.

• UTM Emergency Phones – check website for locations utm.utoronto.ca/campus-police/safety-programs/emergency-phones-locations

Safety at the University of Toronto
safety.utoronto.ca

Information, resources, programs and services to assist in keeping our campuses safe.

Sexual Harassment Office
sho.utoronto.ca

Handles complaints of harassment based on sex, sexual orientation, gender identity and gender expression at U of T.

Understand consent
consent.utoronto.ca

Consent is the informed agreement to take part in intimate activity and it’s necessary every single time. Learn more about your rights and responsibilities.

University of Toronto Environmental Health and Safety
ehs.utoronto.ca

Services and training around chemical and lab safety, occupational health and safety, environmental protection and more.

UTAlert
alert.utoronto.ca

Subscribe to this service to quickly receive important U of T messages via telephone, email and text message.
WalkSmart
416-978-SAFE (7233)
uoft.me/walksmart

An alternative to walking alone at night – get a WalkSmart escort to walk you between buildings on campus or to surrounding TTC locations.

UTM Campus Police
1867 Inner Circle
(Davis Building), Room 3116
General Enquiries: 905-828-5200
Emergency: 911 or 905-569-4333
utm.utoronto.ca/campus-police

Provides policing services and a variety of safety programs, including WalkSafer (see below) and the CampUS Safety Project - Preventing Violence Against Young Women.

UTM - WalkSafer
905-607-7233 (SAFE)
utm.utoronto.ca/walksafer

A service for UTM community members who prefer not to walk alone on campus at night. Call to request a team member to walk with you.

UTM - Community Police Services
1265 Military Trail, Science Wing
General Enquiries: 416-287-7398
Emergency: 416-287-7022
utm.utoronto.ca/police

Provides campus policing, as well as a variety of programs and services for students and staff.

UTSC - U of T Scarborough Patrol
416-287-7022
uoft.me/ScarboroughPatrol

If you feel unsafe walking alone on campus, call to request a walking escort by licensed security personnel.

Transportation

Bikechain
563 Spadina Crescent
(North Borden Building; entrance on Bancroft Avenue)
bikechain.ca

A not-for-profit cycling organization providing DIY services, affordable repairs, educational opportunities and a welcoming community of staff and volunteers.

Bike Share Toronto
bikesharetoronto.com

Toronto’s bicycle rental service has stations on campus and around the city.

Discounted TTC Metropasses
Student Metropasses are available at discounted rates, and must always be accompanied by a special TTC student photo ID card. You can have your photo taken year round at Sherbourne TTC station or in the Hart House Reading Room (7 Hart House Circle) on the following dates:

- Wednesday, September 7, 2016, 9 a.m. to 3 p.m.
- Thursday, October 27, 2016, 9 a.m. to 2 p.m.

GO Transit
gotransit.com

Bus and train service for travel around the Greater Toronto Area and Southern Ontario.

Transportation and Parking
transportation.utoronto.ca

U of T’s official online guide to on-campus parking, public transportation and more. Buy student parking permits here, and find links to TTC and GO transit info.

TTC
(Toronto Transit Commission)
ttc.ca

Route maps and schedules, closure notices and service advisories.

UTM Shuttle Bus
tutm.utoronto.ca/shuttle
uoft.me/utmshuttle

For travelling between the St. George and Mississauga campuses.

UTM - Bikeshare
uoft.me/utmbikeshare

Offers free 48-hour bicycle loans, as well as bike-related events throughout the year such as safety checks, repair workshops and group rides.

UTM - MiWay
(mississaugatransit.com)

Public transportation for getting around Mississauga, with connections to TTC and GO Transit. Schedules, maps and fare info available online.

UTM - Parking & Transportation Services
3359 Mississauga Rd. N., Alumni House, Room 108
905-828-5254
uoft.me/utmparking

Buy parking permits for the UTM campus, get maps and directions and access alternative transportation options.

UTM - U-Pass
Office of the Vice-Dean, Davis Building, Room 3200
uoft.me/upass

This student transit card allows unlimited fare-free rides on MiWay, Mississauga’s transit system.

UTSC - Parking Services
1265 Military Trail, Instructional Centre, Room IC 40
416-287-7576
uoft.me/utscparking

Buy student parking permits, find accessible and visitor parking, view the campus parking map and more.

VIA Rail
viarail.ca

Long-distance travel by train.
Unions & Governance

CUPE3902 – University of Toronto Education Workers cupe3902.org/unit-1

Information about your U of T teaching assistant employee union, including benefits, training, documents and bargaining.

Governing Council (GC)
uoft.me/governingcouncil

U of T’s central decision-making body, the Governing Council oversees the academic, business and student affairs of the University. Graduate students have two elected seats on the GC.

Graduate Education Council (GEC)
416-946-3102
uoft.me/gec

The GEC is the academic advisory and approval body responsible for academic policy and regulations for SGS and for graduate studies at U of T. Membership includes three grad students elected annually by peers.

University of Toronto Graduate Students’ Union (UTGSU)
utgsu.ca

Your graduate student union administers health and dental benefits, and advocates for increased student representation, funding and services. UTGSU is also a voice for the graduate student body on the various committees of the University and operates the UTGSU Pub, gym and Harvest Noon café.

UTM’s Association of Graduate Students (UTMAGS)
utmags.sa.utoronto.ca

Organizes social events such as food nights, pub crawls and sports tournaments (and also represents UTM grad students on councils and committees!). Membership is open to grad students who complete a campus affiliation form.

UTSC - Graduate Students’ Association at Scarborough (GSAS)
gsasutsc.weebly.com/

Join GSAS for social events, seminars, professional development and more. This student-run, non-profit organization brings together graduate students from all academic departments at UTSC. Membership is open to grad students who complete a campus affiliation form.

Virtual Connections

Information Commons: Robarts Library
130 St. George Street, 1st floor
sites.utoronto.ca/ic

Get help with your U of T email, logins and passwords, book a room with screen display, buy software, get help with internet access and more.

Learning Portal/Blackboard
portal.utoronto.ca

An online tool used by professors and students to share information, post assignments, articles, marks, and more.

Sara
PhD, Chemistry

“Working in a big lab, it was often hard to find space for quiet study or meetings and our old grad room was becoming crowded with the growing graduate population at UTM. So, while serving as the co-president of the UTM Association of Graduate Students (UTMAGS), I worked with other grad students, the Office of the Vice Dean, Graduate, and the Dean of Student Services in planning and constructing a modern, multi-functional lounge. The new space provides a friendly and safe environment for private/group study 24/7, hosting monthly social events for grad students, post-docs and professors, and even provides a place for students to rest while performing those long, overnight experiments! This project is one of many examples of how getting involved with governance and student societies can create exciting opportunities for growth and innovation.”
UTmail+
email.utoronto.ca

Everything you need to know about setting up your U of T email account. The University will communicate with you through this account, so you’re responsible for checking it regularly.

UTORid
utorid.utoronto.ca

YourUTORid is your personal key to U of T web-based services.

Student Web Services – ACORN/ROSI
acorn.utoronto.ca

ACORN (Accessible Campus Online Resource Network) is U of T’s new student information service, which you will use for course selection, financial account management and to access other services like the Co-Curricular Record and Career Learning Network. It will replace the ROSI (Repository of Online Student Information) system in late 2016. Until then, both ACORN and ROSI will be available.

TCard Office
130 St. George Street, Room 2054A (Robarts Research Library)
416-946-8047
sites.utoronto.ca/tcard

Your TCard is your official University of Toronto access card for services on campus. Email service, wireless network and access to ACORN/ROSI will be available upon receipt of your TCard and authentication of your UTORid. Proof of citizenship, identification and your offer of admission letter or student number are required in order to receive a TCard.

Note: The TCard office is moving! In 2017, the office will be located in the Koffler Student Centre. Check the website in late fall for updates. Students will still need to use the Robarts Library office in September.

UTM – TCard Office
Information & Instructional Technology Services Service Desk
lower level, CCT Atrium, CCT 0160A
905-828-5344
utm.utoronto.ca/iits/services/tcard

UTSC – TCard Plus Office
1265 Military Trail, BV 498A
416-208-2233
utsc.utoronto.ca/tcardplus

UTORweb
individual.utoronto.ca

Get free web space for personal pages, pictures, word-processing documents, etc. Can be used to share documents with others or to save and access documents from any networked computer.

Wi-Fi Access
wireless.utoronto.ca

Wi-Fi is currently available in most U of T buildings – login with your UTORid.
a message from
the University of Toronto
Graduate Students’ Union

16 Bancroft Ave., Toronto, M5S 1C1
416-978-2391
Monday to Friday, 10 a.m. to 5 p.m.

The University of Toronto Graduate Students’ Union (UTGSU) represents over 16,000 full- and part-time graduate students. The role of the UTGSU is to improve the lives of graduate students at the University of Toronto through the promotion of graduate student interests. The UTGSU works with graduate students to defend the right to a public post-secondary education, promote equity and social justice, and act as a voice for the graduate student body. The UTGSU offices are located at 16 Bancroft Ave., and include a gym, the GSU Pub, and the Harvest Noon Café.

The UTGSU provides a number of services to the graduate student community, including the Agenda & Resource Guide, ISIC cards (International Student Identity Card), a weekly online digest, gym bookings, a volleyball league and the GSU Pub. Confidential academic advocacy services are also provided to students experiencing academic or administrative difficulties. Conference and Academic Events Grants are available to support students organizing conferences, workshops or other academic events at the University of Toronto. Additional services are funded through UTGSU groups and levies, such as Grad Minds, Bikechain and the Harvest Noon Café. Please visit utgsu.ca/services for more information.

The UTGSU Health and Dental Insurance Plan provides unique health benefits for graduate students. All full-time graduate students are automatically covered. Detailed information regarding the plan, including coverage periods, benefits, family coverage, opting out and travel insurance is available online at utgsu.ca/insurance. For more information, please contact the Health and Dental Insurance Office at:

16 Bancroft Ave, Toronto, M5S 1C1
416-978-8465
health@utgsu.ca
Monday to Friday, 10 a.m. to 4 p.m.

The UTGSU’s democratic structure ensures strong student representation across departments. Each department is represented by a course union, departmental student associations that represent and unite students in their respective departments. Course unions receive funding twice yearly to support their activities. The General Council, which is the central decision-making body of the UTGSU, includes representatives from each course union and the elected executive committee members. General Council meets monthly during the academic year.

Committees and caucuses are also a vital part of the UTGSU structure. UTGSU committees work on issues such as graduate student funding, mental health, environmental justice and developing policy. All members are encouraged to get involved and play a role in the UTGSU structure. For a full list of UTGSU committees and caucuses, please visit utgsu.ca/committees-caucuses. For more information, please visit the UTGSU website at utgsu.ca, Facebook page at facebook.com/utgsu, or stop by the main office.